



THE FRANCISCAN HERMITAGE *messenger*

SPECIAL EDITION - CHRISTMAS 2010

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Dear Friends of the Hermitage:

DEATH NOTICE

I write this letter with a heavy heart, sharing the loss of our dear friend, Mary Fleece. I was in Europe when I got the news of her passing and feel obligated to share with all of you some background of one of our most loyal and long-standing volunteers in our Hermitage history.

Mary met me in Cleveland in 1975 and volunteered to help me with my preaching and teaching ministry. Over the years, she helped us build the Hermitage mailing list and in the beginning typed up over 10,000 file cards (we didn't have a computer then!). In 1978 when I moved to Indianapolis, Mary was offered the position of office manager in New York by McGraw-Hill but preferred the management position in Houston. There she joined the Secular Franciscan Order and not only continued to help us in Indianapolis, but did volunteer work for the Franciscans in Houston as well. She was responsible for bringing me into parishes and retreat centers throughout the greater Houston area for many years. Because of her, the Hermitage was able to touch thousands of lives and to produce significant income.

For 20 years, Mary volunteered her time to co-ordinate the Hermitage travel program helping us to do Retreats-at-Sea, visits to the Religious Shrines of Europe, pilgrimages to Rome, the Holy Land, etc. Her efforts helped to give life-changing experiences to many people.

She knew my family intimately, and was with us in Rome when my Mom met Pope John Paul II on the occasion of my folks 50th Wedding Anniversary. This important event and many others were documented by Mary with her camera (she was exceptionally talented in that area also).

She was a great blessing in my personal life, helping me with spiritual and emotional support, using her business experience to successfully handle challenging personnel and political situations. Most of all, she was a role model for us all. Her sense of humor created joy and laughter no matter where she was.

At this point, I feel she is in perfect joy, more willing than ever to help us as we continue our personal and community journeys into the future. We miss you Mary, but love you more than ever!

50th ANNIVERSARY OF PRIESTHOOD (and a Retreat-at-Sea)

On June 13, 2011 I will be ordained a priest for 50 years. To celebrate, I have been thinking about gathering the wonderful people from here and abroad who have helped create the Hermitage and make it what it is today. That dream could come true with a

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Statement of Purpose

The Franciscan Hermitage is an international, inter-faith, life center dedicated to the spiritual, physical, intellectual and professional growth and formation of persons of all persuasions and circumstances.

We offer a variety of workshops, lectures, classes and support groups, each designed to empower individuals on their journeys of faith and wholeness.

Persons involved with The Franciscan Hermitage are encouraged toward personal growth and development, so that by word and example, they might encourage others on their own journeys of personal growth and development.



Mary & Justin

Holidays of Loveby
Fr. Justin

Every year
we start anew
celebrating life.

At Thanksgiving
eliminating
any kind of strife.

Moving toward
the Feast of Light
singing songs of love,

We can make
a better world
never ever dreamed of!

Decorations
all a glow
brighten up the night

But they also
cause our hearts
such a great delight.

Gifts are many
shopping thrives
malls are filled with plenty,

Hopefully
your presence there
is joy - Deo Volente!*

*Latin for "God willing"

If you're baking
or you're cleaning
or preparing duck,

Take your time
enjoy the game.
laughing is good luck!

Writing cards
need not be
Christmas drudgery.

Make a game
it's all the same,
simple as ABC.

This year's Season
has one reason:
it's to fill you up

With God's presence
and its pleasance
like an ice cream cup

Please do take
the time to make
this season prosperous

For yourself,
the New Year's Elf,
and all the rest of us!!!

IMPORTANT NOTICE:

We have closed our

P.O. Box 30248

Indianapolis, IN 46230

Our ONLY address is:

Franciscan Hermitage

3650 East 46th Street

Indianapolis, IN 46205

If you have an email address and are receiving a hard copy of this newsletter, please send your email address to

jeanmarie572000@yahoo.com.

Thanks very much!

The Franciscan Hermitage, Inc. is a tax exempt not-for-profit organization. Our financial support comes from class tuitions, donations, and the distribution of books, CDs, etc. Thank you for your prayers, your participation in our programs, and your individual gifts. God bless you and your loved ones!

**Attention: Postmaster
Do Not Delay. Time Sensitive Material**

3650 East 46th Street
Indianapolis, IN 46205
317.545.0742
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HERMITAGE**

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3 - MEDITATION CLASS

The Silva Meditation Class will be offered in January 2011.

The schedule is as follows:

Monday, Jan. 3, 2011 -7:30 pm – 1st Hour of the Class
(free and open to the public)

Sat. & Sunday, Jan. 8 & 9, 9 am – 6 pm at the Hermitage
(3650 E. 46th St. in Indy)

Cost: \$425 (at the door)

\$375 (preregistered before Mon. Jan. 3) To register, call

LuLu at **317-250-6888**. A \$100 deposit (non-refundable) must be received on or before Monday, Jan. 3, 2011 in order to qualify for the \$50 discount. GRADUATES MUST REGISTER. Please bring your membership card. (A graduate donation of \$30 is appreciated to help cover costs of the class.)

Hotel Accommodations. If you are from out of town, or an outlying area, and would like hotel accommodations, we suggest the Hampton Inn Indianapolis. The actual address is 6817 East 82nd St. (just north of I-465 at the northeast corner of the city off of I-69 (Exit 1 Castleton). Phone numbers are: 317-576-0220 or 1-800-HAMPTON (426-7866). The Hampton Inn offers a 10% discount for AARP Members, AAA Members and Senior Citizens (age 50+).

4 – SUCCESS: FULL LIVING

Our goal at the Hermitage is to help people everywhere toward **personal peace** (and in that way bring **peace to our planet**). Our *Success: Full Living* program has been the primary means of achieving that end. SFL is our signature workshop and we want to keep the spotlight on it, especially here in the Indianapolis area. For that reason, we are doing a special class at the Hermitage **February 5-6, 2011**. Our hope is to film part, or all, of this class for promotion and publicity purposes. Our classroom can accommodate only 40 people so if you are interested in being part of this unique experience, please book early. Schedule is as follows: **Monday, Jan. 31, 2011 - 1st Hour of the Class (free and open to the public)**

Sat. & Sun. Feb. 5-6, 9 am – 5 pm at the Hermitage.

Cost: \$125 (at the door) \$100 preregistered before Mon. Jan. 31). GRADUATES MUST REGISTER. Please bring your membership card. A donation of \$30 is appreciated to help cover costs of the class.

Hotel accommodations (see above).

Success: Full Living as a Parish Renewal is very effective in a church setting. If your Pastor or Director of Religious Education is looking for a full week of renewal, please have them be in touch with us.

LINCOLN, NE

Pat Floodman is our sponsor and contact in Lincoln. If you need any information please call: **402-489-3219**.

OMAHA, NE

Josephine Garretson hosts a **Metaphysical Class** and **Energy Circle 1st & 3rd Monday** of each month at **Unity (3424 N. 90th)** 7-8:30 pm – A **2nd Energy Circle** meets every **Sunday, 7-8 pm** at the home of Judith Weidner (6205 N. 31st Ave). A **3rd Energy Circle** meets every **1st & 3rd Thursday** of each month, **7-8pm** at Unity in the Y.O.U. Room upstairs.

Sun. July 10, 2011 Unity of Omaha- Fr. Justin preaches at the 10:30 am Service – Workshop with Fr. Justin at 1 pm

Mon. July 11, 2011 – Free 1st hour of the Silva class at 7:30 at the Hampton Inn, (Westroads)

Thurs. July 14 – Fr Justin facilitates Silva Graduates' Energy Circle 7 pm

Sat. & Sun. July 16-17, 9am-6pm Silva SLS at the Hampton Inn (Westroads) (For details on all of the above activities call Jody at **402-334-8154** or **402-203-3514**) or email jodygar@cox.net)

ENERGY CIRCLES (Meditation Support Groups)

It is much easier to keep meditation in your daily life if you have the support of other who are meditating every day. These support groups exist wherever Fr. Justin's courses have been taught. In Indianapolis, contact LuLu at 545-0742 or 250-6888. In Katy, TX contact Pat at 281-703-8666. In Australia, contact Wendy at 08-9571-8108. In Omaha, contact Jody at 402-334-8154 or 402-203-3514. In Europe, contact Marietta at +41-22-349-8077 or +41-79-342-9977

FR. JUSTIN'S CALENDAR

Dec. 25	Indy - Christmas Mass at the Hermitage
Dec. 26	Indy - Masses at St. Matthew Church
Jan. 1, 2011	Indy - Masses at St. Matthew Church
Jan. 2	Indy - Masses at St. Matthew Church
Jan. 3	Indy - 1st Hour of Silva Life System
Jan. 8-9	Indy - Silva Life System, Indianapolis
Jan. 30	Indy - Mass at the Hermitage
Jan. 31	Indy - 1st Hour of SFL at the Hermitage
Feb. 3	Indy - Hermitage Board Meeting
Feb. 5-6	Indy - SFL Workshop at the Hermitage
Feb. 27	Indy - Mass at the Hermitage
Mar. 8	Leave for Australia
Mar. 12-17	Holy Family Parish Renewal (Kalamunda)
Mar. 23	Uniting Church (Scarborough)
Mar 26-31	St. Anthony of Padua Parish Renewal (Wanneroo)
Apr. 6	SJOG (Bunbury)
Apr. 9-14	St. Thomas More Parish Renewal (Bateman)
Apr. 19	SJOG – St. Catherine College (UWA)
Apr. 21-24	Holy Week, Peace Be Still
Apr. 29-May 1	Silva Life System (Redemptorist Monastery)
May 3	Return to the States
May 16	Indy - 1st Hour of SFL
May 21-22	Indy SFL Workshop

SUCCESS STORIES

John grew up with the feeling that his father did not love him. He carried that resentment with him until he was in his 20s. When he came into Fr. Justin's Success: Full Living workshop he gave serious thought to the principle: Positive attitude creates a positive life experience. Negative attitude creates a negative life experience. Using meditation, he began to realize that it was his own thought process that was creating his negative life experience, not his father's actions or attitudes. With daily meditation, he began to realize that he could generate love for everyone, even for his father, and in that way create a positive life experience for himself. Little by little, he came to realize that his father's attitude and actions were the responsibility of his father. As he let go of his father's negativity, he was able to send love to him and at present, lives in a positive frame of mind with a positive life experience. John is now a peaceful and loving person.

Joan came into the Success: Full Living Workshop with a desire to find a suitable life partner. She approached Fr. Justin and asked for some direction. Justin explained how thoughts create reality and that by visualizing what we want and/or need, we activate the Unlimited Creative Energy that is within us and become co-creators. (Teilhard de Chardin, in the last century, said that the only thing necessary to produce any reality is for one person to have a thought and a sufficient amount of time for that thought to materialize.) Justin then suggested that Joan create a list of all the characteristics she wanted in a life partner and to be very specific. Once that list was created, Joan was to picture that person in her meditations and to visualize specific situations in which both she and her life partner were happy and fulfilled. – About 6 weeks after Joan began these daily meditations, she was attending a cocktail party and met a gentleman with whom she easily connected and who responded in a positive way to her. He had all the characteristic she had listed on her written description of the perfect mate for her. They began a relationship, eventually a courtship, and then created a very satisfying and lasting marriage.

For further success stories, please visit our website at www.FrJustin-Hermitage.org

Retreat-at-Sea Nov. 13-20, 2011. We would like to make this cruise a special celebration by inviting family and friends from Europe, Australia, the US, as well as other parts of the globe. I will prepare several workshop sessions for the week, have time each day to celebrate Mass, and most importantly, we'll all have a full week of leisure time to visit and share.



50th Jubilee Celebration

with Fr. Justin aboard the
Westerdam Nov. 13-20, 2011

Itinerary: from Fr. Lauderdale, FL to the
Southern Bahamas (Half-Moon Cay, Aruba, Curacao)
Cruise only: **Inside Cabins** from \$899 per person (double occupancy)
Balcony Cabins from \$1,198 per person (double occupancy)
Package includes: 7 nights, all meals, cruise taxes, port fees and seminars with Fr. Justin
Space is limited and prices can change. Deposit \$400 per person. Passports required.
For further details and color brochure, see our website www.FrJustin-Hermitage.org or contact:

Kollander World Travel
761 East 200th St / Euclid, Ohio 44119
(216) 692-1000 Ex: 3/ (800) 800-5981 www.kollander.com
Judy- jkoblentz@kollander.com

We wish you all a Blessed Christmas, Happy Hanukah, Joyful Kwanza, and/or any other feast you may be celebrating this season. For me, this is a time when we celebrate LOVE. May you give this gift away generously and so multiply it without end.

God bless you all!

Sincerely with much love, appreciation and lasting peace,

Fr. Justin

AUSTRALIA

Wendy Gellard is our contact in Perth, WA. All Hermitage publications are available through her retreat center, Peace Be Still at +61-8-9571-8108 (both phone and FAX), email peacebestill@inet.net.au or at this website www.peacebestill.com.au. Wendy can also give you details about **meditation support groups** and all the programs that Fr. Justin will be doing in Australia Mar. – May 2011 (see Fr. Justin's Calendar for details)

EUROPE

Marietta Kovacs is a certified SFL Lecturer and presents programs in Geneva, Paris, Brussels, Mauritius and La Reunion. For information regarding classes and Hermitage publications in French (and some in English) please call +41-22-349-8077 or +41-79-342-9977 or email at kovacs@planet.ch Marietta also has details of all the programs that Fr. Justin will be giving in Europe. (See Fr. Justin's Calendar for details)

HOUSTON

Pat Kerlin is a certified SFL Lecturer residing in Katy, TX. For information about future *Success: Full Living* classes, please call 281-703-8666.

INDIANAPOLIS 1 – VOLUNTEERS

We have a crew of volunteers who work tirelessly for the Hermitage in every category you can imagine. Thank you all for your time, effort, concern and support. We could not stay in operation without you. God bless you in a special way during this beautiful season of Love.

2 – PROMOTING PEACE

Several years ago, Fr. Justin did a program in Australia titled *You Can Make a Difference*. A young man in that class decided to create a movement to make those who support peace visible. The invitation he created, which is on the back of Fr. Justin's calling card reads: "Wherever you are going, or what ever you are doing, you are invited to wear white every Wednesday for world peace" Fr. Justin wears white on Wednesdays as do many of our Hermitage constituents. A white scarf, shirt, or blouse will do. It is a way to remind all of us to work for world peace by putting it first into our daily lives.

We believe meditation is THE most effective way to experience peace. Take time on Wednesday to meditate, tell others about meditation and our meditation support group, about our classes and publications as well as our website and our newsletter. During this Season of Love think about giving a gift of a Hermitage book, or one of our meditation recordings, or bringing a friend or family member to one of our free lectures. Please help us in this Peace Project!